

# 7 Night 8 Days Tour in Tibet Overland Tour Package Cost 2019/2020,



## Introduction

7 Night 8 Days Tour in Tibet, Most popular 'Overland Trip' from Kathmandu to Lhasa, Includes an option for travel either direction with 5 days spent traveling on the road. You will climb several high passes over 5,000m and travel parallel to the Himalayan range. The perfect mix of cultural and natural immersion in the tradition of the nomadic people of Tibet.

Tibet – Lhasa overland tours are evenly charm in a cultural position of views with ample of opportunities of exploration to age-old monasteries and caves along with the Visit to historical towns includes of Lhasa,

7 Night 8 days overland tour in Tibet is one of the best adventures and amazing tours in Tibet. Around 7 days tour will be cover to see all part of the city in Tibet. For the 7 night, 8-day overland Tibet tour, we need at list 2 people, coz the single person is not allowed to enter by overland, but you can fly to fly Kathmandu to Lhasa and back to Kathmandu, then, will be possible for a single people for a private tour. It is rule and regulation by Tibet Government from long years around(30 years), So if you are single coming for the overland tour Tibet, you most to need to join with a group.

We have a group departure every Saturday and every month from March to November then after December till March you cannot do overland tour coz of the snow falling also very colder too. so it is stoped from Tibet government and Nepal agent as well, because of the drive problem.

So please, you are welcome to join 7 night 8 days overland tour to Lhasa Tibet, It is drive In and Fly out,so let us, you can call us, email, WhatsApp or message, whatever easy for you, we are always ready as 24-hour helping line for your dreaming to Tibet adventure holidays. So regarding your request, we will do our best design for you 7 night 8 days overland tour, regarding your plan and Tibet though by Nepal travel Company.

## Trip Facts

Trip Duration	07 nights / 08 Days
Trip Grade:	Challenging
Best Season	Sept - Nov & Mar - May
Per Day Hiking:	5-7 hrs
Elevation	5545m
Accommodation	Hotel/Lodge/
Group Size	2-15 PAX
Trip Start	Kathmandu-Kathmandu
Trip End	kathmandu
Fix Departure	every Saturday,

## Itinerary Details

### Day 01 : Day 01: Drive from Kathmandu-Kerung Town(145 km/2800m) Drive Hour: 8-9 Hours

After breakfast, we drive to Via 4wd jeep through the black-topped road to the newly opened friendship new bridge at the Nepal and Tibet Border in the Rasuwagadhi in the kerung border of Nepal and China. we will the 1st village of the Tibet is Kerung in about t 2 hours and overnight guest house.

### Day 02 : Nyalam-Tingri (4350 M) / Lhatse (4350 M) : 225 Km

Day drive uphill to the highest plateau of the world with the typical view of Tibetan landscape offering sheer feeling of standing on the roof of the world crossing over LALUNGLA (5050 m), from where, weather permitting, breathtaking panorama of beautiful Himalayan ranges including MT CHO OYU (8201 M) & MT XISHAPANGMA (8012 M) but dwarfed by the vastness of the Tibetan plateau. From TINGRI, one can enjoy the magnificence of MT.EVEREST (8848 M). Overnight at Guest House, Lhatse.

### Day 03 : TINGRI/LHATSE-SIGATSE ( 3900 m): 244 km

Continue scenic drive crossing over GYATCHU LA (5220 M), the highest pass en route to LHASA via Lhatse from where a road to MT KAILASH bifurcates to the west. Overnight at Guest, Sigatse.

**Day 04 : SIGATSE-GYANTSE (3950 M): 244 km**

Morning sightseeing to the PANCHEN LAMA'S TASHILUMPU MONASTERY, Drive to GYANTSE and visit the KUMBUM STUPA & PHALKOR MONASTERY. Overnight at hotel, Gyantse.

**Day 05 : GYANTSE-LHASA (3650 M) 261 Km**

Full day picturesque drive crossing over KAROLA(5010 M), KAMBALA (4794 M), colorful YAMDROK LAKE and Tibetan lifeline river BRAHMA PUTRA (YARLUNG TSANGPO)-Overnight at a hotel, Lhasa.

**Day 06 : IN LHASA**

Guide and interpreter will lead you through several of Lhasa's many monasteries. The first one we will visit is Sera Monastery, a fifteenth-century sprawl of golden roofs and whitewashed walls. This well-preserved monastery is located just a few miles north of Lhasa and is home to several hundred monks. In the afternoon we will visit the summer palace of the Dalai Lama, Norbulingka, as well as the Jokhang Temple. This temple is the most revered shrine in all of Tibet and is constantly bustling with devout worshippers. In the evening we stroll around in Barkar, the crowded central market of Lhasa.

**Day 07 : Lhasa sightseeing**

A trip to Tibet would not be complete without experiencing the vital Potala Palace. This palace is Lhasa's cardinal landmark and is a wonder of eastern architecture. Your first site of this massive structure will be a magical moment remembered for years to come. It has been a palace since the fifth or sixth century and was once home to the Dalai Lama. This truly amazing day will be ended with a visit to the Drepung Monastery. Once the world's largest monastery, housing 10,000 monks, Drepung monastery lies hidden in rocky ridges just 5 km beyond the city. Surprisingly much of the building was left untouched throughout the Cultural Revolution. This is the last day for acclimatization in Lhasa before we continue the journey.

**Day 08 : Lhasa – Kathmandu fly back or your next destination**

Early in the morning drive to Gongger Airport then fly from Lhasa (3660m) to Kathmandu, Pick up from Kathmandu airport and transfer to the Hotel.

**Cost Includes**



Transportation bus /jeep as per group size. Tibet travel permit. English speaking Tibetan guide. Accommodation on twin sharing room basis. Sightseeing and monastery entrance fees as per our itinerary. Daily breakfast. Hotel-airport-hotel transfer in Lhasa. fly back to Kathmandu

### **Cost Excludes**

Client and travel insurance. Lunch and dinner. Personal expenses such as a drink, tips& etc. Nepal re-entry visa fee