

Everest Expedition in Nepal



Introduction

The [Everest expedition](#) is one of the top highest mountain with exciting expedition and it has mental and physically with a challenge, wonderful emotion in your life with most adventure mountain on this earth only in nepal.

Everest can be climbed both from the southern side of Nepal and northern side of Tibet, MT. Everest is the took via the Edmund Hillary And Tenzing Norgay Sherpa, with the British group, who were the first to climb the Mt Everest successful on the 29 may 1953.

The climbing Mt Everest is certainly a lifetime opportunity, However for expedition encounter many see and unseen obstacles includes high altitude, harsh weather conditions, and even sheer exhaustion, Climbing Mt. Everest is certainly a lifetime opportunity. However, [Everest expeditions](#) encounter many seen and unseen obstacles including high altitude, harsh weather conditions, and even sheer exhaustion. For the climbing, the MT Everest expedition we recommend our team to choose the best season is spring for a top to a summit to dream Everest.

Anyhow, we are a strong and enough team for organizing the Everest expedition in both autumn and

spring of the coming year.

Trip Facts

Trip Duration	6 Hour
Trip Grade:	Challenging
Best Season	Sept - Nov & Mar - July/
Per Day Hiking:	5-6 Hour
Elevation	8848m
Accommodation	Tea House/Camping
Group Size	1-15 PAX
Trip Start	Kathmandu-Kathmandu
Trip End	Kathmandu

Itinerary Details

Day 01 : Arrival to Kathmandu (1400m) Day 02 : preparation day for Everest expedition Day 03 : Fly to Lukla and trek to Phakding 2600m Day 04 : Phakding to Namche 3460m Day 05 : Rest Day in Namche for Acclimatization Day 06 : Namche to Tengbuche 3860m Day 07 : Tengbuche to Dingbuche 4414m Day 08 : Dingbuche Rest day for Acclimatization Day 09 : Dingbuche to Labuche 4910m Day 10 : Labuche to Gorakshep 5200m Day 12 : Gorakshep to Everest Base camp 5300m Day 13 : Rest day in Everest base camp for acclimatization. Day 14-60 : Climbing period of Mt Everest (C1-C2-C3-C4-summit) including the Acclimatization process!! Day 61 : Cleaning base camp and packing day! Day 62-65 : Trek down Lukla Day 66 : fly to Lukla

Cost Includes

Expedition climbing Permit. (south side, Nepal Experiences climbing Sherpa 1 X 1 All transportation expedition purpose. Airport picks up and drops. Liaison Officer Charge. Expedition Guide and Cook, kitchen boys at base camp and camp 2 All kitchen types of equipment. High altitude tents for high camps. Private tent at base camp with mattress. Dining Tents, kitchen tents, toilet tents, shower tent and store tent at base camp. A heater in a dining tent A necessary number of porters to carry a load and member baggage. Porter's equipment during the expedition. All staff insurance. All staff salary and porters wages. All meal for member and staff during the expedition. EPI gas with a burner for high camp. Oxygen cylinder: 4ltr -5 bottles each member 4 bottle each Sherpa mask and regulator First Aid Kit for all. Communication-Walky -Talky set Sat phone pay call basis. Power supply: Generator and solar panel (power supply and recharging purpose.) Celebration meal in Kathmandu after returning from the expedition.

Cost Excludes

High-risk medical insurance Internet Device BGAN set for internet propose Visa & visa extension fees High food above camp 2 or we can consult before the trip Emergency rescue Evacuation if



needed. Personal climbing equipment and climbing hard wear clothes Summit bonus of climbing Sherpa Tips. Alcohol beverages & telephone calls, mineral water. Lunch & dinner during Kathmandu staying