

Makalu Base Camp Tea House trek- Solo - Circuit , Package Cost 2018



Introduction

Mount Makalu (8463m), the fifth highest peak in the world and reaching to its foot is one of the best experiences one can get. A trek to Makalu Base camp allow you an option to observe the views of the highest peak in the world – Mount Everest, Mount Chamlang, Mount Lhotse, Makalu and more. Trek to Makalu Base Camp can be moderately challenging in a few parts that completely upon your level of bodily strength. Aside from, wonderful scenery, the track to Makalu Base Camp noticeably provides opportunity to travel around distinctive cultural heritage. In addition, it falls in the **Makalu Barun National Park occupying an area of 2330 sq. km.** The national park extends in the region of the Solukhumbu as well as Sankhuwasabha districts of Nepal filled with wildlife and vegetation.

Makalu Base Camp area is inhabited by Sherpa people at the side of Khumbu valley. The trek starts with a flight to Tumlingtar of Mid-eastern Nepal from Kathmandu taking about half an hour's. The track to Makalu Base Camp Trek encircles plain, sub tropical gorge of Arun River basin to astonishing mild passes called Tutu La pass (4200m) and Keke La pass (4230m). A lot of edges climb up from the Barun River gorge which is desolate mid hill trails. With a combination of fair and risky trails taking you to surroundings of high snowy mountains as well as the forest of rhododendrons, and wild alpine plants will allow you witness the recollection of the entire trek. This excellent walk to **Makalu Base Camp designed by Nepal Planet Treks and Expedition will let you observe superb serene scenery of Himalayan range,** appealing green valley, perfect forest and the close surroundings of the high peak.

Trip Facts

Trip Duration	16
Trip Grade:	Strenuous
Best Season	Sept - Nov & Mar - May
Per Day Hiking:	5-7 hrs

Elevation	5,000m
Accommodation	Tea House/Camping
Group Size	Min 2 PAX
Trip Start	Kathmandu - Kathmandu
Trip End	Tumlingtar - Tumlingtar

Itinerary Details

Day 01 : Arrival to Kathmandu (1400m)

Welcome to Himalayan country of Nepal. Upon your arrival at the Tribhuvan intl. airport we meet transfer in your hotel in Kathmandu. Overnight at Hotel..

Day 02 : Kathmandu Sightseeing

Today, you'll be visiting ethnic heritages enlisted with UNESCO World heritage list in Kathmandu valley – the holy Hindu temple, Pashupatinath, the biggest Stupa, Boudhanath, Swoyambhunath Stupa (monkey temple) and also fantastic Kathmandu Durbar Square, Bhaktapur Durbar Square, Patan Durbar Square and more. Overnight at hotel in Kathmandu.

Day 03 : Fly to Tumlingtar and drive to Chichila (1,840m)

It takes 50 minute to reach Chichile as we take flight from Kathmandu. After landing on an uneven landing field at Tumlingtar we will drive to Chilchilka. It takes about 3 hours jeep drive on a rough road to reach at the first camp at Chichila lying at 1840m. We will stay overnight at Chilchila.

Day 04 : Trek to Num (1,500m)

From Chichila, on this day we have a quite stable walk through the enjoyable villages and lush forests. A ridge shape with great scenes on both surface and suspended on the last part is Num. Tonight we will stay in Num.

Day 05 : Trek to Seduwa (1,540m)

Our road today moves vertically down through the jungles and terraced designs of land that takes you to Arun Khola from Num. The area is quite warm - the forest on the vale sides presents a bit of dimness. Makalu National Park begins from here and we register our entrance permits. On this day, we will camp at the top of the village.

Day 06 : Trek to Tashigaon (2,070m)

Today, from Seduwa, our track moves up to the ridge surrounded by the Ipsuwa River located on the west and Kasuwa River falling to the east. After we go by the hillside through tranquil villages and move ahead by small paddy fields, we will soon get there at the village of Tashi Gaon. Overnight in Tashi Gaon.

Day 07 : Trek to Khongma (3,560m)

Departing from Tashigaon, on this day we will walk upwards to Khongma. Khongma is the very last stop before we traverse the Shipton La and walk down into the upper part of the distant Barun Valley. You will be viewing scrub and rhododendrons enclosing the lower parts of the mountains. Overnight in Khongma.

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Day 08 : Rest and acclimatization day

Today, you will have a day rest in Khongma for adaptation. Actually acclimatization day will let our bodies to draw level of adjustment with the environment before going to more height. The following date we take on traverse the Shipton La. Overnight in Khongma.

Day 09 : Cross Shipton La and trek to Debotay (3,650m)

From Khongma, this day we head to the mountain region of the Shipton La taking not many hours to reach. After we reach at the lake Kalo Pokhari, we will move further of the Keke La located at 4,152m. Spectacular views of Chamlang (7,319m), Peak 7 (6,758m), Peak 6 (6,524m) etc will appear. After going transversely through the Keke La pass, we move down all the way through the arresting valley to Debotay. Overnight in Debotay.

Day 10 : Trek to Yangle Kharka (3,600m)

From Debotay, we will pass via the Rhododendron woods to arrive at the Baruni River and the upper areas of the valley. An entertaining amble will allow us to get there at altitude slowly, until we appear at Yangle Kharka located at the bottom of the valley. Overnight in Yak Kharka.

Day 11 : Trek to Merek (4,500m)

On this day, we will move to Merek from Yangle Kharka. As we are getting at height beyond 4,000 m, we have to go on walking allowing our body the needed time for acclimatization. Overnight in Merek.

Day 12 : Trek to Shersong

At this time, we go up the valley, all the way via yak pastures and stony fields. On the way to Shersong, we can observe the south east ridge of Mount Makalu. Camp site at Shersong for overnight.

Day 13 : Day tour to Makalu Base Camp (5,000m)

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We need to make sure that you will adapt yourself well earlier than walking up to Makalu Base Camp. We will take pleasure from the wonderful views of the great Himalayan all over. Come yet again back to

Shersong. Overnight in Shersong.

Day 14 : Trek to Yangle Kharka

From Shersong, from Yangle Kharka, we come down back downward the valley and take our final glance of Makalu ahead of turning the curve and finally reaching Yangle Kharka. Overnight in Yangle Kharka.

Day 15 : Trek to Mumbuk

From Yangle Kharka, on this day we will descend down. Then go up the rock channel to Mumbuk. We will be another time acknowledged by the greeneries below. Overnight in Mumbuk.

Day 16 : Trek to Khongma

After walking further on from Mumbuk, en-route you will walk from side to side with a forest of firs as well as rhododendrons. We will then cross the Keke La, Ghungru La and Shipton La. Moving down, we will then reach to Khongma again. Overnight in Khongma.

Day 17 : Trek to Tashigaon

Today, we repeatedly go down to Tashigaon. The way down will be an extended and perpendicular one. And we come crossways through the hillside to in the long run reach the Sherpa town, Tashi Gaon. Overnight in Tashi Gaon.

Day 18 : Trek to Num

We are returning back over the similar path that we once climbed during the start of our trek. We depart from the Makalu Barun Camp. Moving downward to Arun Khola and Seduwa yet again we have one more hike through the wooded area to Num. We go at the back of our footsteps all the way to the river and climb back the reverse side of the valley to Num. Overnight in Num.

Day 19 : Trek to Chichila, Transfer to Tumlingtar

Once more we go over our steps to Chichila. The final way back of the trek will let us overnight at Tumlingtar. And we will be prepared for an early leave to Kathmandu the next day. Move to Tumlingtar. Overnight in Tumlingtar.

Day 20 : Fly back to Kathmandu

We come to an end of our journey with a trip to Kathmandu. We will go back to the hotel in Kathmandu.

Cost Includes

- Airport / Hotel / Airport pick up & drop by private car or van. It is depend of the group.
- 3 nights accommodation in 3 star category hotel in Kathmandu located tourist center, or up to you.
- Meals on full board (Breakfast, lunch and dinner) during the in trekking.

- Local fresh fruits like orange, apple, banana and grape etc.
- All accommodations during the trek.
- trekking map.
- Both ways transportation Via fly Kathmandu to Tumling Tar and back to Kathmandu.
- An experienced Government licensed holder guide and porter to carry your luggage during the trek.
- Food, drinks, accommodation, insurance, salary, equipments, transportation, local tax for Guide and porter.
- Group medical supplies (first aid kit will be available).
- If you need we will provide you sleeping bag, down jackets, Duffle bag and, if necessary etc.
- All necessary Government paper works and national park entry permits and TIMS Card etc.
- Travel & Rescue arrangement.
- All government taxes and Vat.

Cost Excludes

- Meals yourself Kathmandu (L+D).
- Your Travel insurance.
- International airfare.
- Nepal entry visa (You can obtain a visa easily upon your arrival at Nepal's Airport in Kathmandu).
- All kind drinks (Alcoholic, hot and cold drinks)
- Personal shopping and laundry etc.
- Personal trekking Equipments.
- Tips for trekking staff and driver. (Tipping is expected, but it is not mandatory)
- If do any tour and sightseeing and other activities etc.