

Sarangkot & Dhampus Short Hiking details Itinerary in Pokhara



Introduction

Sarangkot & Dhampus Short Hiking is no question that among the many incredible mountains Annapurna Mountains is also one of the most popular places for visitors to enjoy in Nepal. These awesome snow-capped peaks rise majestically over Phewa Lake in Pokhara & Sarangkot & Dhampus Hiking.

For those who've never tried trekking, or don't have time for a major trek in the mountains, the Sarangkot Trek is an ideal experience. Just in three days, you can get some close-up views of the incredible Himalayas.

The trek is easy and takes you from the wonderful hill of Sarangkot where you can watch great sunrise and sunset over the mountains. From along the trail, you can easily see Mt. Dhaulagiri and Annapurna I, the 7th and 10 the highest mountains in the world.

The trek takes you through interesting villages which offer some great mountain views as well as opportunities to observe the lifestyle and culture of the local people. You can experience Gurung culture at its finest in the village of Dhampus.

The trekking involves local lodges, where you can sit on the verandas sipping a cup of tea in the mornings while gazing at the snowcapped peaks. The trek is not very challenging, although there are some stone steps to climb to reach Dhampus Village.

The total time needed for this trek is five days, which includes traveling by first-class luxury bus from Kathmandu to Pokhara which takes one day or you can also take your own private car or jeep which totally depends upon your group. You can also fly both ways Kathmandu to Pokhara and Pokhara-Kathmandu. Therefore, we have many options to go to Pokhara and get back to Kathmandu.

Whether you are a first-timer or a seasoned trekker, this trek will definitely give you a real feel of the

immense beauty as well as the unique local culture of the Himalayas. The Sarangkot Trek is an ideal way to spend a few days in the very heart of the Himalayan beauty. Isn't it time that you discover the Annapurna Mountains for yourself.

Trip Facts

Trip Duration	3
Trip Grade:	Easy
Best Season	Sept - Nov & Mar - May
Per Day Hiking:	5-7 hrs
Elevation	1720m
Accommodation	Tea House
Group Size	1-15 PAX
Trip Start	Kathmandu - Kathmandu
Trip End	Pokhara
Fix Departure	every days,

Itinerary Details

Day 01 : Arrive in Kathmandu (1300m)

We will meet at the Airport and drive you to your hotel. You can freshen up yourself and have a rest after your long journey. After that, we will go for an evening walk around Thamel which is the center of attraction for the tourist. You can shop or enjoy the view around you and get ready for the tomorrow.

Day 02 : Kathmandu to Pokhara fly 25 min/drive 6-7 hrs (850 m)

We will start our journey in the early morning at 7:00 am. We will drive from Kathmandu to Pokhara and enjoy the riverside. The road follows by Trisuli River where you can see many people rafting on the river. After 6/7 hours (200km) drive, we will reach to Pokhara (a city of Lake, literally). Or you can take a flight which takes around 25mins. You have a good chance to do some last minute shopping and self-exploration around the town, walk around lakes, boating, cycling, etc.(Overnight at deluxe hotel on BB basis).

Day 03 : Drive to Phedi by Taxi (30 min.) and trek up to Dhampus (1600m) 2-3 hrs

After breakfast we will drive for an hour drive to Phedi, Phedi is a small town, which is one of the gateways to the Annapurna region. From Phedi, we will hike to Dhampus which will approximately take 2-3 hours. (Overnight at tea house on full board basis).

Day 04 : Trek Dhampus to Sarangkot (1720m) 5-6 hrs

Wake up early and have a view of sunrise and start the trail descends down to Dhampus River (Stream) and after crossing the river, the trail ascends gradually through the paddy fields and small forest to reach Naudanda Village. After reaching Naudanda we will walk through the Chhetri and Brahmins Villages after walking for a few hours we will reach to Sarangkot. Sarangkot offers a Himalayan panorama consisting of the mighty peaks such as the Annapurnas, Himalchuli, Machhapuchhre, and Lamjung Lamjung plus Pokhara and Phewa Lake view (Overnight at tea house on full board basis).

Day 05 : Trek Sarangkot to Pokhara (850m) 3-4 hrs

At the early morning, we will go to Sarangkot Sunrise View Point to observe the sunrise over the whole Annapurna and Dhaulagiri Ranges including fishtail as well as other Soaring Mountain. After having a breakfast trek down to Pokhara which will almost take you 3 hours downhill through a small forest and cultivated fields. In the evening our guide will take you for sightseeing in Pokhara valley and visit the highlights of Pokhara and the surrounding areas. The place to visit pilgrimage sites of Hindus temple Bindabashini, which is one of the most important popular Hindu temples in Pokhara. After two-hour boating in Phewa lake, we will visit to the Barahi temple which one is an island in Phewa Lake and we will also visit other popular places like David fall (Waterfall), Ghupteshower cave, etc (Overnight at deluxe hotel on BB basis).

Day 06 : Pokhara to Kathmandu fly 25 min. / drive 6-7 hrs

You could choose the afternoon flight to Kathmandu. Before you fly back to Kathmandu you may take an optional sightseeing tour around Pokhara or enjoy adventurous activities such as boating, paragliding, etc. While returning to Kathmandu from Pokhara, be sure to catch the left side of airplane for the best views of Himalayas. Or if you want, you can choose road transportation to go back to Kathmandu. After 6/7 hours of a long drive, you will arrive at Kathmandu. The day at leisure to rest, perhaps catch up on some last minute shopping or explore any sights you missed during your first day in Kathmandu. Remember, we will be hosting a fantastic celebration "Farewell dinner" at traditional Nepalese restaurant together with Mountain Guide Trek staffs for successful completion of the Dhampus Sarangkot Trek! (Overnight at deluxe hotel on BB basis).

Day 07 : Ending day

At the last day, we will drop you at the airport according to your departure time.

Cost Includes

- Airport / Hotel / Airport pick up & drop by private car.
- 2 nights accommodation in 3 star category hotel in Kathmandu located tourist center BB plan..
- Meals on full board (Breakfast, lunch and dinner) during the in trekking
- Local fresh fruits like orange, apple, banana and grape etc.
- All accommodations during the trek.
- Annapurna Trekking Map
- Kathmandu To Pokhara and back to Kathmandu By Tourist Bus.
- Drive to Pokhara to nayapool Via car or Van pickup and pickup as well.
- An experienced Government licensed holder guide.



- Food, drinks, accommodation, insurance, salary, equipments, transportation, local tax for Guide
- Group medical supplies (first aid kit will be available).
- All necessary Government paper works and Conservation entry permits and TIMS Card etc.
- Travel & Rescue arrangement.
- All government taxes and Vat.

Cost Excludes

- Meals yourself Kathmandu (L+D).
- Your Travel insurance.
- International airfare.
- Nepal entry visa (You can obtain a visa easily upon your arrival at Nepal's Airport in Kathmandu).
- All kind drinks (Alcoholic, hot and cold drinks)
- Personal shopping and laundry etc.
- Personal trekking Equipments.
- Tips for trekking staff and driver. (Tipping is expected, but it is not mandatory)
- If do any tour and sightseeing and other activities etc.