

# Mount- Kailash -Mansarovar- overland Package join trip -May to August-Hurry up 2018



## Introduction

After a long time, Tibet Kailash mountain overland tour opened through via Kerung border Nepal and Tibet of China of the Rasuwagadhi the Kerung village, so we will take you the newly opened path to journey the Holy land of the worship and hike around the sacred land of Mt Kailash in Tibet of China.

The most sacred mountain is **Mt. Kailash** and sits just inside of the Tibetan border across from Nepal. It is an unusual shaped snow-capped mountain, rising 6,714 meters into the incredibly blue Himalayan skies. It is said to be the home of Lord Shiva and the other gods of Hinduism. **This place is sacred to both Hindus and Buddhists**, who consider a pilgrimage to this very mountain a place to be cleansed from sin in this world. The Chinese government only permits a limited number of visitors to come each year, and it is now possible to cross the border from Nepal into Tibet to do this sacred trek.

The trip takes **Mount Kailash** just **13 days** and will feature the **pilgrimage walk around the mountain**. Along the way is **Lake Mansarovar** where pilgrims take a bath in its sacred waters. Bathing here as well as drinking its sacred waters will deliver you from the sins of a hundred lifetimes. This trip can only be made during the summer monsoon season when temperatures are warmer. There is not a lot of rain in this area as we are far enough north of where the monsoons are heaviest. This **sacred pilgrimage trek** is a delight for people of any faith. Along the way, you will meet devotees who have come from all over the world to partake of the **pilgrimage** as well as to take a dip in its sacred waters.

**Nepal Planet Treks & Expedition** is pleased to be one of the few companies that can offer this exciting and uplifting experience. The mountain itself is of incredible grandeur as you feel the very presence of the gods of **Hinduism** that look down upon you as you circumnavigate the sacred path of enlightenment and purity.

## Trip Facts

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Trip Grade:	Moderate
Best Season	May- Agust
Per Day Hiking:	Drive 3-4 hour
Elevation	4760 M.
Accomodation	Hotel
Trip Cost	125000 INC PP
Group Size	Min 2 pax/ Max 15 pax
Trip Start	Kathmandu-Kathmandu
Fix Departure	21,25.29 May-04.12,24,June-02,03,6,09,10,13,23,24,26,27, 30, July-02,03,06,07,10, Aug,-10,11,Sep

## Itinerary Details

### Day 01 : Arrive in Kathmandu (1300 m)

Welcome at the Tribhuvan International Airport. (Nepal planet treks ) our representative will greet you and drive to you to the hotel overnight Hotel.

### Day 02 : Sight seeing in Kathmandu and Drive to Trisuli .Overnight at Hotel

After breakfast, we go for half-day sightseeing tour of Kathmandu. Visit Pashupatinath Temple and Budhanilakantha. Return to hotel for lunch then drive to Trisuli Bazaar ive right Guest house Trisuli.

### Day 03 : Drive from Trisuli to Kerung (6 hours, 149km).

After breakfast, we drive to Via 4wd jeep through the black-topped road to the newly opened friendship new bridge at the Nepal and Tibet Border in the Rasuwagadhi in the kerung border of Nepal and China.we will the 1st village of the Tibet is Kerung in about t 2 hours and overnight guest house.

**Day 04 : Drive from Kerung to Saga (5-6 hours, 4640m). Overnight at Guest house**

After breakfast, this is second day part of the Tibet, we will drive to high hills mountain on a comfortable black-topped Road till get the saga Village. that,s path climbs up and down the passes of thong la and la lung before getting us comfortably to the village of the saga. along the way, we will be able to see lake Peikuto and the typical yak and sheep grazing technique of the Tibet peoples during the drive and overnight in saga Village.

**Day 05 : Acclimatization Day at saga .Overnight at Guest house**

As our tour goes through the high pass of the world as at 5700 meters, so we need a day to get Acclimatization to the for high altitude of the region which can help a lot to an adapt our body on the thin air high altitude trip. we will spend all day with short hikes around saga Village and overnight Saga Village.

**Day 06 : Sanga – Mansarovar 4558 m (277 km)**

Early breakfast and get ready for the longest driving day. Late afternoon you can have the first view of Holy Mt. Kailash and Lake Mansarovar. Hore – a small village is situated near Holy Mansarovar Lake. Holy Mansarovar (14950 ft/4558m) – the highest lake of fresh water with turquoise complexion in the world is full of fishes and swans. Holy Mt. Kailash, Mt. Gurula-Mandala, Lake Rakshash are lying on its surrounding. The region is considered rich for gold and other mines, hot springs and hundreds of wild living creatures. The night will be spending at Chui Gompa. Meals included: Breakfast, Lunch & Dinner.

**Day 07 : Mansarovar – Tarchen (40 km)**

Holy Mansarovar is the lake of compassion, tranquility, and bliss. After completing the memorable morning bath and puja we will be heading for Holy Mansarovar Parikrama by Landcruiser with packed lunch and continue to drive towards Tarchen (Darchen). If time permits, we visit Chui Gompa. Tarchen is considered as a base camp for Holy Kailash Parikrama. During the auspicious pilgrimage time, this place will be flooded with pilgrims with hundreds of tents all around. Meals included: Breakfast, Lunch & Dinner. O/N Hotel Kailash.

**Day 08 : Tarchen – Tarboche (13 km drive) – Dirapuk (4860 m.) (7 km trek / 5 – 6 hrs)**

After breakfast drive to Tarboche – the starting point of Kailash Parikrama. Tarboche is also known as outer “Asthapath”. It is one of the exciting days walking along the beautiful rocky cliffs; water falls with some clouds in the clear blue sky make you feeling that Great God Shiva is everywhere with tons of blessing to you. Time to time the face of Kailash Parbat will be kept on appearing. For 7 km trail, it takes almost 7 hrs. Meals included: Breakfast, Lunch & Dinner. O/N Government Hotel.

**Day 09 : Dirapuk – Zuthulpuk (4760 m) (18 km trek / 9-10 km) (passing through Dolma-la pass 5,200 m). O/N Government Hotel.**

Today you will be climbing to Drolma-la (Dolma-La 18600 ft) and then be descending gradually to Zuthulpuk (4760m). Yamasthal should be crossed to reach the Shiva-sthal while your steps go closer to the pass.

Today is the most difficult day of the trek. Once you reach the top, just do the holiest offering and sit down for meditation to forget in eternity. Once your steps go down, Parvati-stal and Gauri Kunda are on the way. By late afternoon you will arrive in Zuthulpuk (the cave of Miracles, the great ascetic Milerappa is supposed to have performed miracles here). Meals included: Breakfast, Lunch & Dinner.

**Day 10 : Zuthulpuk – Tarchen (Darchen) (10 km / 4-5 hrs) – Mansarovar- Dongba (end of Kailash Parikrama). O/N Hotel in Dongba.**

Morning free time to explore the caves, temples, and shrine around Milarepa cave. After walking 3 hours,

all the driving crew will be waiting for your arrival. By late afternoon you will be at your lodge ion Dongba. Meals included: Breakfast, Lunch & Dinner.

### **Day 11 : Drive to Dangbo to Nyalam**

Meals included: Breakfast, Lunch & Dinner. Overnight at Nyalam Guesthouse.

### **Day 12 : Drive to Nyalam to Kathmandu,**

Meals included: Breakfast, Lunch & Dinner Overnight at Hotel.

### **Day 13 : Departure days.**

we will drop to international Airport and fly back to home.

### **Cost Includes**

- 3 night's accommodation in Kathmandu in 3/4 star standard hotel twin sharing room with meals.
- Guided tour in Kathmandu.
- 09 night's accommodations in Tibet on group sharing basis using guesthouse/camp.
- Freshly cooked vegetarian meals 3 times a day.
- The supporting crew including our own cooks.
- Permits for Manasarovar and Kailash Kora (round).
- Tibet Tourism Board (TTB) approved guide.
- Transportation by 4500 Land cruisers (4 people each) – Tibet part & Non AC buses - Nepal side
- Kailash Permit, Tibet (Chinese) visa fee
- All equipment for camping
- Tents, mattress, dining tent, kitchen tent, kitchen utensils, etc
- Sleeping bag/ Down Jacket on the Returnable basis.
- Duffle bag (big bag for keeping personal clothes and equipment)
- Experienced tour leader / co-coordinator with each group
- ENOUGH Oxygen cylinder entire of tour
- Yaks and Yak-men to carry baggage, food, fuel etc while making a round of Mt. Kailash
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## Cost Excludes

- Yak / Pony Charges ((will cost approximately US\$280- US\$ 325 per yak/pony and driver for three days, irrespective of the number of days or hours used).
- Personal expenses like shopping, phone calls, extra drinks, laundry, yak etc.
- Any additional expenses caused by reasons beyond our control such as natural calamities, flight delays, rescheduling or cancellations, accidents etc.
- Tips for drivers, hotel staff.
- The extra cost of transportation, Portorage etc involved due landslides, snowfall.
- Trip cancellation charge due to Tibet government rules and Other which are not in our Hand.
- Services other than specified. Extra days stay at Kathmandu / any other place.
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