

Rara Lake home Stay & Camping Trek - Short Trek - Package Price , Itinerary 2018



Introduction

The Rara treks is one of the adventure and most incredible with interesting trekking all the range lie northwest of in Kathmandu in the remote region of the Karnali zone of Nepal.

If you are looking wilderness and loneliness journey in Nepal this trek is one of the best choice for ever. That's Treks route is very much beaten track and affords glimpses of cultural and views of different from the rest of Nepal.

The clear high altitude lake of Rara .which mirrors the snow capped Himalayas is ringed with blue pine, Black juniper forest and Himalaya's cypress. Rara lake is popular serenity pilgrim for Nepalese, in summer rainfalls low and ideal for trekking in the winter there is often snow on the ridge surrounding the lake, in the autumn season trekkers are pleased with a profusion of alpine flowers.

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Rara lake is one of the Biggest lake in Nepal and it is five kilo meter long and two kilo meter wide. It is of the best national al park in Nepal to see the a lots wildlife animal, as like: Ghorals, Tahr Musk deer, Leopards, black bear, and red panda with much more buds.

Trip Facts

Trip Duration	07 nights / 08 Days
Trip Grade:	Moderate
Best Season	Sept - Nov & Mar - May
Per Day Hiking:	5-7 hrs

Elevation	(3055m/10,023ft)
Accommodation	Hotel/Lodge/
Group Size	1-12 PAX
Trip Start	Kathmandu - Kathmandu
Trip End	Jumla - Jumla

Itinerary Details

Day 01 : Arrival in Kathmandu (1,300m/4,264ft)

After your arrival in the Tribhuvan International Airport (TIA) in Kathmandu, we will meet and drive to our hotel over night Kathmandu.

Day 02 : Kathmandu sightseeing: World Heritage Sites.

After breakfast, you will begin a city tour of Kathmandu where you will see the main attractions of the valley; You will go around the most holy temple of Hindus- Pashupatinath Temple, dedicated to Lord Shiva. And, you can see several monkeys and go in the region of cremation site of a human dead body. Also, you will visit Swayambhunath which is also recognized as monkey temple. This Buddhist memorial is located in a hillock and is around 2000 years old. You will in addition visit Boudhanath which was put up around 7th century and is identified as Khasti. It is one of the largest Stupa in the world. Some other pleasing destinations of Kathmandu Durbar Square enlisted in UNESCO World Heritage List which will captivate you are the temple of living goddess, Nau talle Durbar, Swait Bhairav, Kaal Bhairav etc.

Day 03 : Fly from Kathmandu to Nepalgunj (150m/490 ft): 1 hour

After our short excursion in Kathmandu, we take an hour-long flight from Kathmandu to Nepalgunj, located in Western Nepal. Nepalgunj, a town near the Nepal-India border, is also the gateway to Simikot, Humla. The town itself is an interesting Terai town that showcases the diverse culture of Nepal. In Nepalgunj, we visit the local market, mini-zoo and nearby villages. Overnight in Nepalgunj.

Day 04 : Fly from Nepalgunj to Jumla (2,540m/8,334ft): 20 minutes

After early breakfast we leave the Terai plains of Nepalgunj and fly to the hilly landscape of Jumla, one of the least accessible districts in Nepal. Situated in the foothills of the Sisne Himalaya, Jumla is also the gateway for trekkers who want to explore the remote Karnali region of Nepal. Overnight in Jumla.

Day 05 : Trek from Jumla to Chere Chaur (3055m/10,023ft)

Today is the first day of our trek. We leave Jumla and ascend to Chere Chaur along the Jugad Khola. On the way, we pass Khalanga Bazaar, a small market place for the nearby villages. We also pass a couple of villages and a temple before reaching our destination. Overnight in Chere Chaur.

Day 06 : Chere Chaur to Chalachaur (2980m/9,777ft)

From Chere Chaur we take the western trail and ascend slowly until the Jaljala pass (3580m). We cross the pass and continue trekking on a relatively straight trail until reaching Jaljala Chaur. From here we ascend on a steep trail and enter the Rara Lake Circuit before reaching Chalachaur. Overnight in Chalachaur.

Day 07 : Chalachaur to Sinja Valley (2490m/ft)

It is an uphill climb to Sinja Valley. On the way we pass through several villages and walk along the Jaljala Khola (stream). Sinja Valley holds an important place in the history of Nepal. The valley houses the ancient capital city of the Khasa Kingdom that ruled this area from the 12th to the 14th century. Palaces, temples, and the ancient remains of a settlement were uncovered during excavations spearheaded by the Department of Archaeology at Cambridge University. Overnight in Sinja Valley.

Day 08 : Sinja to Ghorosingha (3050m/10007ft)

We leave Sinja on an uphill trail alongside Hima River. From the village we climb on a steep trail for a while followed by a relatively easy trail until Laha Village. From Laha, it is a steep climb up until Ghorosingha alongside Ghatte khola (stream). Overnight in Ghorosingha.

Day 09 : Ghorosingha to Rara Lake (3010m/9876ft)

We begin our steep ascent after breakfast. Our trail is alongside Chuchhemara Danda from where we get to admire the Himalayan panorama, the vast and tranquil Rara Lake, and the lush vegetation of the Rara National Park. On the way to Rara Lake, we pass through Khatyar Khola Camp and a few villages including Murma. From Murma, the ascent gets a little easier. We continue walking towards Chapri village which houses the Rara National Park Head Quarter. Overnight at Rara Lake.

Day 10 : Explore Rara Lake

Rara Lake is the largest freshwater lake in Nepal. After breakfast we investigate the azure waters of the massive lake also referred to as Mahendra Taal (Lake) after late king Mahendra. While boating we get to admire the picturesque setting of the lake and discover quite a few varieties of fish. Chuchemara Peak lies on the southern side of the Rara Lake whereas Ruma Kand and Malika Kand peaks frame its northern area. Overnight at Rara Lake.

Day 11 : Rara Lake to Pina (2440m/ 8006ft)

From Rara Lake our trail is easy and we walk on a relatively straight path until Gamgadhi which is the headquarters of the remote Mugu District of Nepal. From Gamgadhi, we descend on a steep trail to Pina Village where we spend the night.

Day 12 : Pina to Bumra (2850m/9351ft)

From Pina we descend and cross the Ghurchi Lagna pass at 3480 m. We continue our descent and pass through a few villages before reaching Bumra. The Bumra village is also known as Nauri Ghat.

Day 13 : Trek ends: Bumra to Jumla (2540m/8334ft)

We cross two suspension bridges above Hima River and walk downhill. After walking for a few hours, we get to a hot spring where we can ease our aching body with a dip. Not long after the hot spring, we cross Danphe Lagna pass at 3691 m. After reaching Cherechaur, we follow the same trail we took couple of days back and reach Jumla. Overnight in Jumla.

Day 14 : Fly to Nepalgunj, fly to Kathmandu

We take the earliest flight available to Nepalgunj from Jumla. After reaching Nepalgunj, we fly yet again to Kathmandu, the capital city of Nepal. After reaching Kathmandu, we freshen up and take a rest. In the evening there will be a farewell dinner hosted by Nepal planet to celebrated successful completion of the Rara Lake trek. Overnight in Kathmandu.

Day 15 : Final departure

Our representative will escort you to the Tribhuwan International Airport.

Cost Includes

- Pick-up and drop-off service at Trivuwana International Airport in Kathmandu by private Car/Van/Bus.
- 2 Nights Hotel in Kathmandu on BB Plan.
- Kathmandu - Nepalgunj - Jumla and Jumla - Nepalgunj - Kathmandu by flight ticket.
- 1 Night hotel in Nepalgunj.
- All the meal during trekking with Tea/ coffee.
- Home Stay or Tented accommodation during the trek. (We provide two men share tents) ½ person can stay in tea house also.
- One experience Trekking Guide required number of porters, their food, accommodation, salary, insurance, equipment, medicine.
- Rara National Park Fee and Trekkers' Information Management System (TIMS) Card.
- First Aids Kit.
- 13% Government VAT and Official charge.
- Local seasonal fresh fruit like orange, banana, apple, grape etc
- Farewell dinner at Nepali Authentic Restaurant in Kathmandu.

Cost Excludes

- International airfare and visa fee (15 Days for USD\$25 and 30 Days for USD\$40).
- Lunch and Dinner in Kathmandu.
- All the drinks such as: coke, beer, mineral water.
- Your Trekking gears.
- Your travel insurance which should include the emergency rescue.
- Tips for all staffs.