

# 12 Days & 13 Night Tour and Treks in Bhutan 2020,2021



## Introduction

Bhutan is one of the adventures, cultural tour and trekking with amazing views during the trip, this package is around 14 days tour and trekking all part in Bhutan Himalayas. It is one of the greatest ways to taste the Exotic Mountain and landscape of **Himalayan Bhutan of a Kingdom**. The strong terrain passing through the stunning array of mountain and valley and sightings of the world's rarest flora and fauna in an unspoiled atmosphere which gives a unique feeling to the traveler. Predominantly Buddhist, the exotic culture and architecture of Bhutan can be something to marvel at during the trek. **Bhutan trek** is extremely special with only a handful of walkers joining the nomadic yak herders and **local villagers on the trail**. It is also a haven for Eco-tourists. Many regions are still largely unexplored due to strict visitor plan maintained by the administration. From a simpler one-day trek to the more robust multi-days trek, Bhutan has adventure-travel activities suiting everyone's attention and private preferences.

It is just 40-minutes Fly from Kathmandu to the main city of the capital Paro Bhutan, during the flight to Bhutan, you can enjoy the Nepal Himalayas and beautiful countryside village and panoramic scenery views. for Bhutan tour or trekking, it depends on your Holidays or time, you can do short or a longer trip, if you want a short trip, it is around just 4 night and 5 days tour or if you want a longer tour and trekking, it will be 14 days, 13 night 14 days tour includes trekking with Bhutan city tour and Bhutan Mountain trekking area. Bhutan mountain also one of the amazing views during trekking.

So for Bhutan for further information and queries and more idea please you can email, WhatsApp, or phone any time, we always reply for your any time for your adventure traditional trip to Bhutan cultural tour through Nepal.

## Trip Facts

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Trip Duration	5
Trip Grade:	Moderate
Best Season	Sept - Nov & Mar - May
Per Day Hiking:	5-6 hrs
Elevation	3,750m/12,300ft at Mingula,
Accommodation	Hotel
Group Size	Min 1 pax/ Max 15 pax
Trip Start	Kathmandu-Kathmandu
Trip End	Paro-Drugyel Dzong

## Itinerary Details

### Day 01 : Arrival day in Kathmandu (1,300m/4,264 ft)

After your arrival at the Tribhuvan International airport, our representative will welcome you and assist you to your hotel in Kathmandu. After getting refreshed, in the evening we'll meet and go for dinner in one of the typical Nepalese restaurants in the heart of Kathmandu and provide a briefing about your trip and stay overnight at Hotel.

### Day 02 : Kathmandu valley sight seeing and trip preparation.

In the 2nd day of your visit, in the morning after breakfast at the hotel, we will head on for our trip to world heritage sites in Kathmandu valley, visit the highlights of Kathmandu and also visit the pilgrimage sites of Hindu temple Pashupatinath which is one of the most important shrine of Shiva temples on the subcontinent, a place of thousands of devotees. You will see numbers of monkeys giggling around with you and we will also take time to explore the surrounding area and visit Bouddhanath stupa another pilgrimage center which is the most popular and important place for Buddhist. You can explore with rounding prayer wheel and fluttering colorful flag with melodious chanting music.

After visiting Bouddhanath stupa we'll drive to the City of Devotees (Bhaktapur). This traditional and traffic-free town is the third biggest town in the Valley. We'll explore the medieval-like squares, courtyards, and temples of this vibrant town. After a stop for lunch at a restaurant in Bhaktapur, we will drive back to Kathmandu and meet up with the travel manager who will brief you about the tour and stay overnight at the hotel.

### Day 03 : Fly from Kathmandu to Paro (2,135m/7,000 ft)

We will drop you to the Intl. Airport for your flight to Paro You will be received by Paro Bhutanese

representative and drop you to the hotel. If you want, you can start your trip from the same day of your arrival. You will be visiting the ruined fortress of Drugyel Dzong in its strategic position where it once defended the Paro valley from Tibetan invasion from the north in the early 17th century. On a clear day, Mount Chomolhari (7320m) can be seen towering over the dzong. From here we'll continue on and take a short hike to (2-3 hours) uphill through traditional villages and pine forest to reach the viewpoint at Taktsang Monastery. Horses can also be arranged for the journey uphill in an extra payment. The monastery clings to a huge granite cliff 800m above the Paro valley. We'll continue on through the beautiful valley to visit the watchtower, known locally as Ta-Dzong. The tower was housed into the National Museum in the 1960s by the third King Jigme Dorji Wangchuck. After visit around explore the local market as well and back to the hotel for overnight.

#### **Day 04 : Explore Paro yourself**

One full day, you will have leisure time in the Paro valley to explore the most beautiful part of the town or to acclimatize yourself a hike to Taktsang monastery meaning a tiger's den lies at an altitude of 3000m which takes about 2/3 hours. The monastery was gutted by fire in 1998 but the remains of the structure still attract visitors. The Royal Government has taken immediate steps to restore and reconstruct the old structure. Tea and snacks will be served in the cafeteria where you can gaze at this beautiful monument built during the 17th century. After exploring the area stroll back to the hotel for the overnight, and remaining time we will spend by visiting a local market and surrounding areas.

#### **Day 05 : Paro to Chonana (3100m/10,168ft), 4-5 hrs walking**

Today, after the breakfast we'll take a drive to the trekking starting point and start our walk with gradual uphill through the farmhouses and can be seen a good view of the landscapes. On arrival at Chonana we'll stop for the overnight at camp.

#### **Day 06 : Chonana to Jebkarpo (3650m/11,972ft), 5-6 hrs walking**

We will continue our trek with almost uphill today. Today all the trails go through the forest filled with many species of Primula and Rhododendrons. After arriving at the top can be visible of magnificent scenic Himalayan range along Chele La and walk through the ridge and overnight at camp at Jebkarpo.

#### **Day 07 : Jebkarpo to Lower Mingula (3750m/12,300ft), 4-5 hrs walking.**

This morning we will wake up early to see lovely scenic views of Mt. Chomolharo, Jichu Drake and Tshrim Gang with a sunrise and after breakfast trek onwards along the ridge with the scenic picturesque view and also offer the bird's eye view of Paro and Haa valley and on arrival at Mingula, we'll stop at the camp.

**Day 08 : Lower Mingula to Thong (3650m/11,972ft), 5-6 hrs walking.**

Today we'll start our journey continuing and offer excellent views of the mountains and valleys with passing some across yak herders' camp. We can visit one of the camps and enjoy their companion. As a tradition, you will be offered butter tea or chang (local wine) and enjoys with locals and overnight at camp.

**Day 09 : Thong to Drugyel Dzong (2400m/7872ft), 3-4 hrs walking .**

This morning we have easy walking with descending trails and all the way through pine and rhododendron forest and will arrive near the ruined fortress which, once defended the valley from Tibetan Invasion during the 17th Century and take a drive back to Paro.

**Day 10 : Drive to Thimpu, 2 hours.**

Today, we will drive to Capital city of Bhutan and this will be a pleasant one mainly due to the well-maintained road throughout Bhutan and upon arrival at the Thimpu and check into the Hotel Druk or River view or similar. You'll have time to rest and refreshed and afternoon we take you to visit the Memorial Chorten built in the memory of the late King Jigme Dorji Wangchuck, 15 century Changangkha monastery, Motithang mini zoo to see the rare "Takin" national animal of Bhutan and drive further down with good view of the Thimphu valley and one more visit the new Drupthob nunnery and stroll back to hotel or rest of the time explore the local market and overnight at hotel.

**Day 11 : Thimpu to Wangduephodrang.**

We will take a visit more surrounding areas after your breakfast as Painting school, National library, Royal goldsmith workshop and Handicraft centers and afternoon we drive around 3 hours to Wangduephodrang crossing through the Dochula pass 3100 meters. On fine weather, you will see the eastern Himalayan ranges including the highest mountain in Bhutan Mt. Gangar Punsum 7520 meters. The drive from the pass is all the way downhill dropping to the lower and warmer valleys of lobesa. Visit the Wangduephodrang Dzong from outside and the market area and overnight at Wangdi Kichu Resort or similar.

**Day 12 : Wangduephodrang to Paro.**

This morning we drive 45 minutes to Punakha and visit the Punakha Dzong which served as an old capital of Bhutan. This remarkable fortress is built between two rivers and has survived many glacial floods and fire. Every year during the month of February a procession known as the Punakha Serda takes

place to commemorate the victory over the Tibetans and after exploring here we drive to Thimphu and further to Paro village for overnight at Kichu resort similar.

### **Day 13 : Paro to Kathmandu.**

This morning we'll transfer to the airport at Paro to catch our short but very scenic flight over the Himalayan range to reach Kathmandu, Nepal with great views of Mt Everest, Kanchenjunga, Chomolhari, Tsrin Gang and Jichu Drake can be seen returning to the Kathmandu. On arrival at Kathmandu, we'll pick up transfer to the hotel. Remaining time rest and relax at the hotel or explore the Thamel area.

### **Day 14 : Half day Kathmandu valley sight seeing.**

After your breakfast at the hotel, we'll be ready for 3 hrs Kathmandu valley sightseeing as visit Swoyambhunath stupa also known as monkey temple covering a wide range of area with the highest point of Kathmandu valley and enjoy the 360 degrees of valley view. After exploring the surrounding areas visit Kathmandu Durbar Square which is old royal palace of Kathmandu and can be seen a lot of temples, architectures, and Kumari (living goddess) and walk in a freak street and afternoon back to the hotel for the lunch and remaining time last minutes shopping or simply relax at the hotel.

### **Day 15 : Departure from Kathmandu.**

Today is free or last minute shopping for souvenirs or gift to your family, friends or relatives for you until your departure flight/drive or to commence any extra trips or activities you may have booked with us. If departing, you'll be transferred to the International Airport for your departure flight to your onwards destination.

## **Cost Includes**

### **Airport Pick Up & Drop Services:**

- Pick Up: Welcomes you with a garland of flower in Kathmandu International Airport and transfer to your hotel,
- Domestic Drop/Pick Up: Kathmandu Domestic Airport drop & pick up as flight indicated in the itinerary.
- All the pick up and drop as per the itinerary

### **Trip Briefing & Information:**

- We provide you Eco-friendly Tour file consisting broad trip information

### **Sight-Seeing:**

- Sightseeing: Kathmandu valley sightseeing, necessary arrangements

### **Accommodations & Meals: (All twin sharing basis),(Single room also served with extra charge) :**

- Kathmandu: Four Star deluxe twin sharing accommodation in Kathmandu with breakfast as per itinerary
- Twin sharing hotel accommodation in Bhutan (B Category hotel)
- Meals, full board(breakfast, lunch & dinner) in Bhutan

### **Flight / Transportation:**

- Hotel arrival and departure transfer by private vehicle
- All ground transportation by private vehicle
- Flight: Kathmandu to Paro to Kathmandu Flight tickets

### **Trekking Permit :**

- Major Entry permit & fees

### **National Park Fare:**

- All fees for sightseeing and Monasteries as per the itinerary
- All Entry fees

### **First Aid:**

- Exclusive medical kit bag

### **Trekking Crews :**

- Guide: Government Registered, well trained English speaking guide

### **Porter Equipment :**

- N/A

### **Insurance:**

- N/A

### **Trekking Equipment :**



- Nepal Vision Duffel Bag and a t-shirt
- Down Jacket and sleeping bag on hiring basis

**Certificate:**

- Nepal Vision adventure certificate

**Others:**

- All applicable taxes and service charges

**Cost Excludes**

**Visa:**

- Bhutan visa fee
- Nepal: Nepal entry visa fees

**Airfare:**

- All flights (except Kathmandu to Paro & return) and departure taxes

**Meals:**

- Lunch and dinner in Kathmandu

**Drinks:**

- All cold drinks and any beverages are not included in the trip price.
- Drinking Water: Drinking water is not included in the trip price.

**Insurance:**

- You have to make your travel & rescue insurance by yourself before leaving for travel.

**Optional Excursion:**

- Provide such service with extra charge on your request.
- Optional Excursions: Our optional excursions are culture trips, ethno trips, and festival trips, monastery meditation with Lama & monks, nature medicine trips, bird watching, sports, farming trips and other incentive trips as per the client's interest.

**Trekking Equipment:**



- You have to arrange your personal trekking equipment such as trekking poles, water bottle etc... by yourself (see our equipment list).

**Tipping:**

- Tips for driver, guides, and porters are not included in the cost.

**Others:**

- Personal expenses e.g. phone calls, laundry, bar bills & extra porters.
- Hot Shower in during the trekking period is not included.
- Cost arising out of landslides, road blockade, and rescue of any form, cancellation of flight or reasons beyond our control.
- Any others expenses which are not mentioned in Price Includes section.