

Kanchenjunga Trekking In Nepal,2020,2021



Introduction

Enjoy one of the best treks in Nepal with the Kanchenjunga Base Camp trek! This is one of the fabulous treks

in the Eastern part of Nepal is part of one of the great adventure Himalayan trails and an absolute must-do for any mountain or outdoor lover. The Kanchenjunga Base Camp trek duration is 26 days of adventure with Nepal Planet Treks. Also, we can make shorter or longer regarding our client's queries. Taking you deep in the Kanchenjunga Conservation Area of about 2035sq kilometers is just one of the highlights during this incredible trek to the Kanchenjunga Base Camp treks in Nepal. Translated from the Tibetan language, Kanchenjunga stands for "The five treasures of the great snow", and during the Kanchenjunga Base Camp trek, we make sure to enjoy those incredible views! Laying on the border with India amazing views can be seen of the Himalayas in Nepal.

India, Bhutan, and even Tibet. During the Kanchenjunga Base Camp itinerary, we travel from small villages, crossing mountain passes, and heading further up towards Base Camp. As mentioned before the trekking route of the Kanchenjunga Base Camp trek goes through the Kanchenjunga Conservation area. With that comes to some encounters with local wildlife such as the elusive snow leopard, the shy red panda and trekkers have even spotted the Himalayan black bear!

Trekking info of the Kanchenjunga Base Camp trek for 2020,2021

As the Kanchenjunga Base Camp trek in Nepal is becoming more popular as a must-do trek in Nepal, many trekkers still have a lot of questions about it. That's why we at Nepal Planet Treks want to provide you, in short, the best trekking info of the Kanchenjunga Base Camp trek!

This incredible trek goes through the Arun Valley and straight into the Kanchenjunga Conservation Area. With average trekking hours of 6 to 7 per day, it is recommended to build up your fitness and stamina before undertaking this amazing trek to Kanchenjunga Base Camp. The landscape starts with easy-going valley lowlands and goes gradually up through jungles and ultimately to the snowy mountains. It's absolutely stunning seeing the landscapes change as we head further up and the village cultures as well. From the tea plantations of Ilam to Tibetan style villages such as Ghunsa the views during the Kanchenjunga Base Camp trek never stop to amaze! With the best seasons for the Kanchenjunga Base Camp trek being spring or autumn, in

the higher regions temperatures can go below 10 degrees Celsius. It is advised to bring warm clothes to protect yourself and some light clothes during our trek in the lower regions. Take part in the Kanchenjunga Base Camp trek and see the third highest mountain in the world up close with Nepal Planet Treks! For any more info about this trek or possible fixed departures don't hesitate and contact us any time, you are most welcome for your adventure trip in Nepal.

Short itinerary:

- Day 01: Arrival in Kathmandu
- Day 02: Kathmandu fly to Bhadrapur and drive to Ilam
- Day 03: Ilam drive to Taplejung
- Day 04: Taplejung trek to Mitlung (921 m)
- Day 05: Mitlung trek to Chiruwa (1270 m)
- Day 06: Chiruwa trek to Sukathum (1579 m)
- Day 07: Sukathum trek to Amjilosa (2308 m)
- Day 08: Amjilosa trek to Gyabla (2730 m)
- Day 09: Gyabla trek to Ghunsa (3595 m)
- Day 10: Acclimatization day at Ghunsa
- Day 11: Ghunsa trek to Khangpachen (4050 m)
- Day 12: Khangpachen trek to Lhonak (4780 m)
- Day 13: Lhonak trek to Kanchenjunga Base Camp (5143 m)
- Day 14: Kanchenjunga Base Camp trek to Ghunsa (3595 m)
- Day 15: Ghunsa trek to High Camp (4,100 m)
- Day 16: High Camp trek to Tseram (3870 m) via Sele La Pass
- Day 17: Tseram trek to Ramche (4580 m)
- Day 18: Explore Yalung Base Camp (4500 m)
- Day 19: Ramche trek to Anda Phedi (3390 m)
- Day 20: Anda Phedi trek to Tortong (2995 m)
- Day 21: Tortong trek to Yamphudim (2080 m)
- Day 22: Yamphudim trek to Khebang (1915 m)
- Day 23: Khebang trek to Khanidingbe
- Day 24: Khanidingbe drive to Birtamod
- Day 25: Birtamod drive to Bhadrapur airport and fly to Kathmandu
- Day 26: Final departure to the international airport

Trip Facts

Trip Duration	18
Trip Grade:	Challenging
Best Season	Sept - Nov & Mar - May
Per Day Hiking:	5-6 hrs
Elevation	5140 m.
Accommodation	Tea House
Group Size	2-15 PAX

Trip Start	Kathmandu-Kathmandu
Trip End	Basantapur-Suketar

Itinerary Details

Day 01 : Arrival to Kathmandu (1400m)

- Arrival and airport pick up by our team
- Transfer to your hotel in Kathmandu
- Evening welcome dinner in Kathmandu
- Overnight stay at your hotel

Traveler's note: Thamel also known as backpacker's paradise is the main tourist hub of Kathmandu.

Filled with souvenir & trekking shops, charming restaurants and all types of hotels. A great place to start exploring! overnight Kathmandu.

Day 02 : Day 02: Kathmandu fly to Bhadrapur and drive to Ilam

- Hotel breakfast and check out
- Transport to the domestic airport and fly to Bhadrapur
- Enjoy lunch at Bhadrapur
- Drive to Ilam

Traveler's note: Did you know that Ilam is famous around the world for its organic tea. During our stay

in this amazing town, we are sure to enjoy the incredible views of the tea plantations.

Day 03 : Day 03: Ilam drive to Taplejung .

- Breakfast and departure
- Scenic drive for most of the day to Taplejung
- Dinner and overnight stay at Taplejung
- **Traveler's note:** Tomorrow is our first trekking days and in 10 days we will reach Kanchenjunga Base Camp! Get a goodnight's sleep as tomorrow the adventure begins.

Day 04 : Taplejung trek to Mitlung (921 m)

- Breakfast and departure
- Head out through the hills
- The trail leads up and downwards
- Follow the Tamor River up to Mitlung
- Dinner and overnight stay at the guest house

Traveler's note: Did you know that most of the villages here have mud brick stone houses. These authentic settlements focus on Cardamom farms, rice paddies and terraced farm fields, which is perfect in this hillside landscape.

Day 05 : Mitlung trek to Chiruwa (1270 m)

- Breakfast and departure
- Start the trek by heading through Sinwa, Tawa, and Pork
- Descend to the Thiwa Khola River
- Cross the wooden bridge and head on to Chiruwa
- Dinner and overnight stay at the local guesthouse

Traveler's note: Did you know that most villages in this area are habited by the Limbu and Tamang

people? During today's trek, we pass over old landslide areas filled with some debris and huge boulders, follow your team leader's instruction on how to safely traverse this terrain!

Day 06 : Chiruwa trek to Sukathum (1579 m)

- Breakfast and departure
- Follow the Tamor River passing through Lelep
- Descend to the Simbu Khola River
- Last stretch through the Ghunsa Khola Valley to Sukathum
- Dinner and overnight stay at the local guesthouse

Traveler's note: Did you know the Simbu Khola River originates from the Yalung Glacier?

Day 07 : Sukathum trek to Amjilosa (2308 m)

- Breakfast and departure
- Follow along the Ghunsa Khola River
- Head up steep uphill terrain
- Crisscross over the river to reach Amjilosa
- Dinner and overnight stay at the guest house

Traveler's note: Did you know that Amjilosa is a traditional Tibetan village and it's incredible to see

the change in cultures during this trek the higher we go!

Day 08 : Amjilosa trek to Gyabla (2730 m)

- Breakfast and departure
- Trek through the forest until reaching an ascend
- Climb uphill steeply and then descend again to reach Gyabla
- Dinner and overnight stay at the guest house

Traveler's note: Today's forest trail is filled with rhododendrons and bamboo trees and on the way to

Gyabla we encounter an enormous waterfall on the opposite of the river!

Day 09 : Gyabla trek to Ghunsa (3595 m)

- Breakfast and departure
- Trek through the meadow
- Go over the hill to reach the Ghunsa River
- Cross the river to reach Ghunsa
- Dinner and overnight stay at the guest house
- **Traveler's note:** Ghunsa also a traditional wooden housed Tibetan village has its own micro hydropower plant, a school and health post, get a good sleep as tomorrow we explore this amazing town!

Day 10 : Acclimatization day at Ghunsa

- Breakfast
 - Morning hike up 400m across the Ghunsa River
 - Lunch at Ghunsa
 - Afternoon exploration around the town
 - Dinner and overnight stay at the guest house
- Traveler's note:** With its many Buddhist monasteries it's a great way to learn about this place and its cultural values!

Day 11 : Ghunsa trek to Khangpachen (4050 m)

- Breakfast and departure
 - Trek through forested trails
 - Following the south side of the Ghunsa River
 - Pass the glacial moraines to reach Khangpachen village
 - Dinner and overnight stay at the Khangpachen
- Traveler's note:** Today we pass a lot of Mani walls and Chhortens, seeing the amazing Tibetan culture everywhere. Once we reach Khangpachen village amazing views of the Jannu Mountain (7177 m) can be seen!

Day 12 : Khangpachen trek to Lhonak (4780 m)

- Breakfast and departure
 - Head along the Kanchenjunga Glacier
 - Trek up towards the high plateau to reach the campsite of Lhonak
 - Dinner and overnight camp at the Lhonak campsite
- Traveler's note:** From Lhonak incredible panoramic views can be seen of incredible mountains such as the; Wedge Peak (6802m), Nepal Peak (7177m), Mera Peak (6364m) and the Twins (7350m). Tomorrow we head for Base Camp so get a good night's sleep.

Day 13 : Lhonak trek to Kanchenjunga Base Camp (5143 m)

- Breakfast and departure
- Trek on the northern ridges along with the glaciers
- The trail goes all the way up to Base Camp
- Enjoy the incredible views from Kanchenjunga Base Camp, you made it,
- Dinner and overnight camp at Base Camp
- **Traveler's note:** From Kanchenjunga Base Camp we can see incredible views of the third-highest mountain in the world, Mt Kanchenjunga (8586m) and a nice view over the Nepal, India, and Tibet borders!

Day 14 : Kanchenjunga Base Camp trek to Ghunsa (3595 m)

- Breakfast and departure
- A straight shot downwards back to Ghunsa Village
- Pass by previous places Lhonak and Khangpachen
- Enjoy the difference views in a reverse route Dinner and overnight stay at the local guesthouse in Ghunsa,

Day 15 : Ghunsa trek to High Camp (4,100 m)

- Breakfast and departure
 - Heading on a different trail up to High Camp
 - Trek through rocky and forested terrains
 - Dinner and overnight camp
- Traveler's note:** Did you know that High Camp is a great vantage point with incredible views of the mountains Jannu (7710m), Nyukla Laching (6670m) and the Temachunggi (6044m).

Day 16 : High Camp trek to Tseram (3870 m) via Sele La Pas

- Breakfast and departure
 - We head up towards the Sele La Pass
 - Ascend further and cross the highest Pass the Sinion La
 - Enjoy the views from the mountain Passes
 - After descending down to Tseram Dinner an overnight stay at Tseram
- Traveler's note:** Did you know that from these mountain passes extraordinary views can be seen of the Yalung Glacier, Mt Jannu (7710m), Mt Makalu (8481m), Baruntse (7129m) and Mt Kanchenjunga

Day 17 : Tseram trek to Ramche (4580 m)

- Breakfast and departure
- We head through the Yalung Glacier into the valley
- Ascend further up until reaching Ramche village
- After our guesthouse check-in, we visit the Ramche Monastery

- Dinner and overnight stay at the guest house

Traveler's note: Did you know that today we pass a beautiful lake where we can see the famous blue sheep grazing!

Day 18 : Explore Yalung Base Camp (4500 m)

- Breakfast
- Today we hold an excursion to Yalung Base Camp
- Trek through the glacial moraines and climb up a rocky path
- After crossing Oktang we reach at Yalung Base Camp
- Enjoy the spectacular panoramic views Head back down to Ramche
- Dinner and overnight stay at the guest house

Day 19 : Ramche trek to Anda Phedi (3390 m)

- Breakfast and departure Heading back the way
- we came we trek to Anda Phedi
- Leaving the Yalung Glacier behind we pass previous villages of Lapsang and Tseram
- Arrival at Anda Phedi
- Dinner and overnight stay at the guest house

Day 20 : Anda Phedi trek to Tortong (2995 m)

- Breakfast and departure
- Descend further down through beautiful forested terrains
- Pass along streams, Chhortens and monasteries until reaching Tortong
- Dinner and overnight stay at the guest house

Day 21 : Tortong trek to Yamphudim (2080 m)

- Breakfast and departure
- First, start by descending to the Amji Khola River
- Then cross the Lasiya Bhanjyang and the Dhupi Bhanjyang
- After crossing we head down to Yamphudim
- Dinner and overnight stay at the guest house

Traveler's note: did you know that although we mostly descend today crossing

Day 22 : Yamphudim trek to Khebang (1915 m)

- Breakfast and departure
- Descend and pass incredible valleys, waterfalls and a lush forested area
- After crossing several suspension bridges we follow the Kabeli Khola River
- Reach Khebang
- Dinner and overnight stay at the guest house

Day 23 : Khebang trek to Khanidingbe

- Breakfast and departure
- Trek through amazing forests and descend further down
- Pass several waterfalls until reaching Khanidingbe
- Dinner and overnight stay at the guest house

Day 24 : Khanidingbe drive to Birtamod

- Breakfast and departure
- Drive all the way to Birtamod
- Dinner and overnight stay at the guest house

Day 25 : Birtamod drive to Bhadrapur airport and fly to Kathmandu

- Breakfast and departure
- Morning drive to Bhadrapur airport
- Fly back to Kathmandu
- Transfer to your hotel
- Rest of the evening is free at leisure
- Overnight stay at your hotel in Kathmandu

Day 26 : Final departure to the international airport

- Hotel breakfast and check out
- Transfer to the int. airport approx. 3 hours before your departure
- We hope that you enjoyed this amazing Kanchenjunga Base Camp trek and hope to see

Cost Includes

- Airport / Hotel / Airport pick up & drop by private car or van. It depends on the group.
- 3 nights accommodation in 3-star category hotel in Kathmandu located tourist centre, or up to you.
- Meals on full board (Breakfast, lunch and dinner) during the in trekking.
- Local fresh fruits like orange, apple, banana and grape etc.
- All accommodations during the trek.
- Everest trekking map.
- Both ways domestic flight from Kathmandu/Biratnagar / Kathmandu with airport tax.
- An experienced Government licensed holder guide and porter to carry your luggage during the trek.
- Food, drinks, accommodation, insurance, salary, equipment, transportation, local tax for Guide and porter
- Group medical supplies (first aid kit will be available).
- If you need we will provide your sleeping bag, down jackets, Duffle bag and, if necessary etc.
- All necessary Government paper works and national park entry permits and TIMS Card etc.
- Travel & Rescue arrangement.



- All government taxes and Vat.
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Cost Excludes

- Meals yourself Kathmandu (L+D).
- Your Travel insurance.
- International airfare.
- Nepal entry visa (You can obtain a visa easily upon your arrival at Nepal's Airport in Kathmandu).
- All kind drinks (Alcoholic, hot and cold drinks)
- Personal shopping and laundry etc.
- Personal trekking Pieces of equipment.
- Tips for trekking staff and driver. (Tipping is expected, but it is not mandatory)
- If do any tour and sightseeing and other activities etc.
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